

**ON THE COVER**

An orchid at a previous plant sale at Mounts Botanical Garden. MEGHAN MCCARTHY/PALM BEACH POST

**3. PULL OUT YOUR BOOTS****Swamp Tromp****Grassy Waters Preserve**

Get down, dirty and wet, as you explore the wonders of the cypress swamp during this rugged trail hike that requires stepping over and ducking under vegetation and other obstacles. Expect knee-deep water levels.

The event is 10 to 11:30 a.m. Sunday. 8264 Northlake Blvd., West Palm Beach. Adults \$10, children \$5. Reservations required. Information: 561-804-4985

**4. GET MOVING****Hurdle Haul 5K,****Village Park Trail**

Presented by the Wellington Chamber of Commerce and Village of Wellington, this 5K will get a little funky as it includes challenging and fun obstacles along the way. Finish strong and be ready for a refreshing, and hydrating, mimosa or bloody Mary along with some healthy snacks ... if you're into that sort of thing.

The event is 7 to 11 a.m. Sunday. 12300 Forest Hill Blvd., Wellington. See website for pricing. Information: [runsignup.com/Race/FL/Wellington/WellingtonChamberCommunity5K](https://runsignup.com/Race/FL/Wellington/WellingtonChamberCommunity5K)

**5. MAKE YOUR GARDEN GROW****Plant-a-Palooza Spring Plant Sale,****Mounts Botanical Garden**

It starts by getting the right plants! Stroll in a relaxed environment while shopping for a wide variety of ornamentals, orchids, succulents, cactus, bonsai, butterfly/native plants, shrubs, fruit trees, herbs, garden accessories, baskets, fine crafts and more — all available from numerous, top-quality vendors.

The event is 9 a.m. to 4 p.m. Saturday and 9 a.m. to 3 p.m. Sunday. 531 N. Military Trail, West Palm Beach. Adult members and children under 6 free, nonmember adults \$15, seniors, college students, military \$12, ages 6 to 17 \$7. Information: [www.mounts.org](http://www.mounts.org)



**Elton John will play Thursday at the FTX Arena in Miami.** CHRIS

ALLMEID/SEMINOLE HARD ROCK HOTEL AND CASINO



**Van Morrison will perform Saturday and Sunday night at the Seminole Hard Rock Hotel & Casino in Hollywood.** RICHARD YOUNG



**"Carolina Wren" is one John Bowen's works that will be on display at the Palm Beach Gardens City Hall during his exhibition "The Art of Being There."**

CONTRIBUTED

**6. HE'S STILL STANDING****Elton John "Farewell Yellowbrick Road" tour,****FTX Arena**

Don't miss the chance to see one of the all time great rock n' roll performers and hear one classic song after another including "Rocket Man," "Tiny Dancer," "I'm Still Standing," "Daniel" and many more. Originally scheduled for May 30, 2020 all previous ticket purchases are still valid.

The show is 8 p.m. Thursday. 601 Biscayne Blvd., Miami. See website for

ticket prices. Information: [www.ftxarena.com/events/detail/elton-john-2](http://www.ftxarena.com/events/detail/elton-john-2)

**7. END OF THE SEASON****The Symphonia "Poetic Mysteries,"****Saint Andrews School, Roberts Theatre**

The Symphonia's principal conductor, Maestro Alastair Willis, returns to the podium for the season finale which will feature works by Mendelssohn, Mason, Dvienne and De Falla.

The show is 3 p.m. Sunday. 3900 Jog Road, Boca Raton. Tickets start at \$50.



**Maestro Alastair Willis will conduct The Symphonia's final production of the season.** CONTRIBUTED

Information: [thesymphonia.org](http://thesymphonia.org)

**8. IN THE BEGINNING ...****"The Art of Being There," exhibition/demonstration by John Bowen****Palm Beach Gardens City Hall**

The canvas was void and without form and then watercolor artist John Bowen began painting, or at least he will begin painting during a live demonstration at The Gardens GreenMarket on Sunday. In addition, an exhibition of his works is currently on display inside City Hall.

The exhibition runs through May 12 and the live painting demonstration will be 9 a.m. Sunday. 10500 N. Military Trail, Palm Beach Gardens. Free. Information: [pbgfl.com/242/Recreation](http://pbgfl.com/242/Recreation)