

Symphonia resumes Meet the Orchestra for kids

The Symphonia's popular, interactive program for kids will return for the chamber orchestra's 2022-23 concert season, after a two-year hiatus.

Meet the Orchestra, a hands-on, education program for children ages 6-12, will be held the day of rehearsals for three of The Symphonia's four concerts. The program will take place on Saturdays — Nov. 12, March 25, and April 29, between 11 a.m. and 12:30 p.m.

Families and their children can attend the orchestra's Saturday rehearsal to meet musicians and play various instruments at the Instrument Petting Zoo. Children attend free of charge, and adults are \$5 each. Meet the Orchestra is held at Roberts Theater at St. Andrew's School, 3900 Jog Road, Boca Raton.

The theme of The Symphonia's upcoming season is "Inspired Naturally," based on Terra Nostra, an award-winning multimedia symphony by Christophe Chagnard and produced by Earth Creative that combines mind-blowing visuals with the power of symphonic music and explores the impact and challenges of climate change. The December concert will feature the film, by Charlie Spears, as a backdrop to the live performance in a powerful, sensory experience. It will be the world premiere of Terra Nostra, rewritten for a chamber orchestra.

For additional information on Meet the Orchestra or for season tickets, flex passes, or individual tickets, visit www.thesymphonia.org, or call 561-376-3848. ■



Children can see the workings of an orchestra during The Symphonia's Meet the Orchestra events held during rehearsals this season in Boca Raton. COURTESY PHOTO

HAPPENINGS

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uniquely Maltz Jupiter Theatre.

■ **Class Four** — "Putting It Together." 5 p.m. Oct. 25 — Learn how technology is being integrated into theatre storytelling. Director of Production George Horrocks, Video Designer Stephen Royal and Sound Designer, Matt Kraus will demonstrate how we are using a state-of-the-art LED video wall to help take us on the Four Seasons' life journey. We will also learn about the lighting and sound technology that was added to the Maltz Jupiter Theatre over the renovation.

■ **Class Five** — "Life of An Actor." 5 p.m. Nov. 1 — What does it take to be ready to "make it" in show business? What classes and education are needed? How do you face rejection? What do you do in between productions? It's a discussion of the ups and downs of show biz. Members of the "Jersey Boys" cast will talk.

To register for Master Classes, visit www.jupitertheatre.org/master-class-registration.

The Maltz is at 1001 E. Indiantown Road, Jupiter. Info: 561-575-2223 or www.jupitertheatre.org.

Take a selfie, win tickets to Cox Science Center

Transport yourself to the Jurassic period and snap a selfie at The Gardens Mall's dinosaur pop-up display in Nordstrom Court to win a family pack of four tickets to the Cox Science Center and Aquarium in West Palm Beach.

The Gardens Mall is home to a 6-foot, 4-inch animatronic Dilophosaurus through Oct. 29. The larger-than-life creature sports bright green skin, fierce teeth and claws, and two trademark bony crests on its head.

To enter the contest, share your



Visitors to The Gardens Mall can pose for selfies with the dinosaur and potentially win tickets to Cox Science Center & Aquarium. MICHAEL ALBANESE / COURTESY PHOTO

dinosaur selfie on Instagram using the hashtag #GardensMallDino and tag @thegardensmall and @coxsciencecenter. The winner will be chosen each Monday through Oct. 10.

The Gardens Mall is at 3101 PGA Blvd., Palm Beach Gardens.

The "Dinosaur Explorer" exhibit is on display at the Cox Science Center and Aquarium through April 30. Info: www.coxsciencecenter.org/dinosaur-explorer.

Fright Nights return

Fright Nights, the largest haunted house event in West Palm Beach, will celebrate 20 years of fear starting in October. This year's frights include three haunted houses: Country Bill's Meat, Dead of Winter and Sirens' Revenge, each with their own maze of scares.

This year's Fright Nights open with a behind-the-scenes look on Thursday, Oct. 6 (reservations required; limited attendance). Opening night is Friday, Oct. 7, and will continue to be held Oct. 7-8, 13-15, 20-22, 27 and 29. Gates open at 6 p.m. The haunt-

ed houses will open at 7 p.m. Fright Nights will be closed Oct. 28 because of the sold-out Stevie Nicks concert at iThink Amphitheatre, which is at the fairgrounds.

South Florida Fairgrounds are at 9067 Southern Blvd., West Palm Beach. Tickets: Advance discount general admission is \$35 per person. After Oct. 6, the gate ticket is \$40. Each ticket includes admission and 30 fright tickets. Each haunt requires 10 tickets. Tickets also may be used on carnival rides (two-five tickets each). Parking: \$10 per car.

Behind the Scenes Tour tickets are \$30 per person. Buy tickets online at www.southfloridafair.com/22fn-advtx.

RIP tickets: \$10 Thursdays and \$15 Fridays and Saturdays. (Enables visitors to go to the front of the line, a private cash bar, lounge and seating)

Info: www.myfrightnights.com.

Spatober offers wellness deals

Spatober: The Palm Beaches Wellness Month, done in partnership with Baptist Health South Florida, will run

Oct. 1-31 with transformative spa and wellness offerings, pop-up events and healthy dining deals available at venues throughout the 39 towns and cities of Palm Beach County.

Kicking off the month of rejuvenation is a Spatober sound bath meditation event at the Forbes Five-Star Eau Palm Beach spa at 8:45 a.m. Tuesday, Oct. 4. Guests can enjoy a soothing meditative sound bath led by the Metaphysical Healing Institute of Palm Beach followed by a healthy brunch. A special Spatober Yoga In The Park class will be held at Sanborn Square in Boca Raton at 9 a.m. Saturday, Oct. 8, with yoga instructor Leslie Glickman and is suitable for all levels. And at 10 a.m. Friday, Oct. 14, a Spatober Family Fitness event will take place at the Schoolhouse Children's Museum and Learning Center in Boynton Beach. All events are free and will feature prize giveaways from participating partners; advance registration is required at www.Spatober.com.

There are deals at resorts and spas up and down the Palm Beach County coast. Info: www.Spatober.com. ■